

# First Aid/CPR

**Purpose:** To evaluate each contestant's ability to react positively in simulated situations demanding first aid intervention and to recognize excellence and professionalism in the career-technical students first aid skills.

**Testing:** There **will be** a written skill exam given to all contestants.

**Clothing:** School uniform (if applicable for your individual program) or SkillsUSA blue scrubs. No school names may be displayed on any apparel.

**Contestants:** Open to all active members of SkillsUSA. One contestant from each school that has registered for this contest on the Regional registration form (open to postsecondary and secondary). This contest will go straight to State unless we have more than 20 registered on the Regional Intent Form. If Regional contests are held, then the top 3 medalists per region will qualify for state.

## **Equipment and Materials:**

All equipment and supplies necessary to complete scenarios will be supplied by the technical committee.

## **Tools to be provided by contestants:**

Eye protection

Disposable gloves

Optional - Disposable apron to protect clothing from artificial blood

Pencil

## **Scope of Contest/Special information:**

Contestant and school names should be masked out on all wearing apparel.

To enter the contest area, each contestant must show the following:

**Approved certifications from the American Red Cross, American Heart Association, American Safety Institute and/or the National Safety Council for AED, CPR and First Aid**

Please contact Mike Cowles at 614-466-8782 if you have any questions.

The contest will include but are not limited to the following areas: CPR- adult, child and/or infant; Choking; Bleeding; Seizures/Convulsions; Drowning; Burns; Eye injuries; Diabetic reactions; Sprains; Dislocations and Fractures; Wound Care; Head, Neck and Back injuries; Heart Attacks

Scenarios will be built based on format identified in the Scope of the Contest identified in the 2010 SkillsUSA Championships Technical Standards.