

# PRACTICAL NURSING

**Contest Coordinator:**  
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**Contest Location and Time:**  
**Contest registration: 0730**  
**Contest Orientation: 0745**  
**Contest time: 0745-1200**

## **PURPOSE**

To evaluate each contestant's preparation for employment and to recognize outstanding students for excellence and professionalism in the field of practical nursing. First, refer to General Regulations, Page 9 of the 2010 Technical Standards Manual.

## **CLOTHING REQUIREMENT**

### ***State Contest Requirements:***

Official School Uniform with Name of the School covered, White uniform, or Official Blue Scrubs. White leather work shoes. Shoes must be all-white leather (no canvas), completely enclosed (no open toe or open heel). Athletic style shoes that meet the aforementioned criteria are acceptable.

## **ELIGIBILITY**

Open to active SkillsUSA members enrolled in programs with practical nursing as the occupational objective.

## **EQUIPMENT AND MATERIALS**

### ***1. Supplied by the technical committee:***

- a. All instruments, equipment and materials required for the contest

### ***2. Supplied by the contestant:***

- a. A watch with a second hand
- b. A pen with black ink
- c. Stethoscope
- d. Scissors for removing bandages
- e. Bandage scissors
- f. Eye protection, shield, or goggles
- g. Two # 2 pencils
- h. Penlight or small flash light

## **Knowledge Performance**

The contest will include a written knowledge test assessing knowledge of medical terminology, body structure and function, nutrition, medications and nursing care. Practical nursing requires the application of all levels of cognitive ability.

### Scope of Contest

The contest is defined by industry standards as determined by the U.S. Department of Labor. The goal of the student is to gain employment in the practical nursing field; a certification exam is required.

### Skills Performance

The contest will assess fundamentals of the clinical problem-solving process, caring, communications and documentation. All skills demonstrated will be based on nationally accepted accreditation and certification standards. Contestants, as part of the demonstration, should voluntarily express pertinent information. Situations or case studies may be presented to test the contestants' ability to make judgment decisions. Refer to the Practical Nursing Standards and Competencies section of the 2010 Technical Standards Manual.

**The Ohio State Practical Nursing Contest** will consist of six skill areas and a written PN skill test with a total of seven areas of grading.

- Areas may consist of more than one skill.
- All areas will require a documentation component
- There will be a Higher Order Thinking Skills (HOTS) station, this is a comprehensive critical thinking station.
- The six areas will consist of skills from the following list:
  - *Vital Signs*
  - *Medication Administration: PO, IM, Sq. ID, IVPB*
  - *Dressing Change simple and complex*
  - *Intravenous Station*
  - *Job Interview*
  - *CPR Adult, Child & AED, infant*
  - *Admission Assessment Communication*
  - *Nasogastric Tube, Care, Maintenance and insertion.*
  - *Urinary Drainage Insertion*
  - *Preoperative Teaching*
  - *Patient Safety*
  - *Tracheostomy Care*
  - *Suture/Staple removal*
  - *Anatomy*
  - *Nutrition*

**Scoring will be based on the National Technical Standards and will be distributed to the following categories:**

### Items Evaluated Possible Points

Station #1 .....	100
Station #2 .....	100
Station #3 .....	100
Station #4 .....	100
Station #5 .....	100
HOTS Station .....	200
Anatomy .....	100
Written .....	100
Professional Appearance .....	100
<b>Sub Total 1,000</b>	
<b>Clothing Penalty</b>	_____
<b>TOTAL</b>	_____