

# Emergency Medical Technician (EMT)



**Purpose:** To evaluate each contestant’s ability to react positively in simulated situations demanding Emergency Medical Technician intervention and to recognize excellence and professionalism in the career and technical student’s first aid skills.

<p><b>Contest Location</b></p>	<ul style="list-style-type: none"> <li>▪ A-Hall</li> <li>** Contest in A, B, C or D Hall will not be able to leave for lunch, please select “Contestant Plus” when registering or having contestant prepared to purchase lunch with credit card at vendors in the Exhibit Hall.</li> </ul>
<p><b>Special Notes</b></p>	<ul style="list-style-type: none"> <li>▪ Exhibit Halls do not open to observers until 12:00 pm.</li> <li>▪ To enter the contest area, contestants must show one of the following:             <ul style="list-style-type: none"> <li>○ Approved Basic Life Support (BLS) certifications from:                 <ul style="list-style-type: none"> <li>▪ American Red Cross</li> <li>▪ American Heart Association</li> <li>▪ American Safety Institute</li> <li>▪ National Safety Council</li> </ul> </li> </ul> </li> <li>▪ No smart watches and/or phones are permitted during the contest and/or in contest.</li> <li>▪ No contact with anyone outside of the contest area once the contest begins.</li> <li>▪ No inappropriate communication between contestants such as verbally degrading another contest.</li> <li>▪ No cheating on any portion of the contest such as informing another contestant of the skills/test prior to competing.</li> </ul>
<p><b>Testing</b></p>	<ul style="list-style-type: none"> <li>▪ There will be a written knowledge test.</li> </ul>
<p><b>Eligibility</b></p>	<ul style="list-style-type: none"> <li>▪ Three (3) contestants per region determined by regional event in accordance with the SkillsUSA Ohio Program Guidelines</li> </ul>
<p><b>Clothing</b></p>	<ul style="list-style-type: none"> <li>▪ Navy Collar/Polo shirt</li> <li>▪ Navy Fire/EMS duty pants</li> <li>▪ Black belt</li> <li>▪ Black Fire/EMS boots/shoes</li> <li>▪ Black socks</li> <li>▪ Navy long sleeve T-shirt or mock turtleneck may be worn under the short sleeve polo</li> <li>▪ School Uniform may be worn. School name, contestant name, and logos should be covered.</li> </ul>
<p><b>Provided by Contestant</b></p>	<ul style="list-style-type: none"> <li>▪ Hard copy of a 1-page personal resume</li> <li>▪ Pencils and pens</li> <li>▪ Wristwatch capable of timing in seconds (no smart watches permitted)</li> </ul>

<p><b>(Tool List)</b></p>	<ul style="list-style-type: none"> <li>▪ One medical kit, PER team, containing the items below <ul style="list-style-type: none"> <li>▪ Personal protective equipment to include one (1) box of disposable medical exam gloves, two (2) pair of eye protection, four (4) surgical masks, and pocket mask or other appropriate barrier device.</li> </ul> </li> <li>▪ 25 4x4 bandages</li> <li>▪ Three (3) rolls self-adhering roller bandages</li> <li>▪ Four (4) triangular bandages</li> <li>▪ Medical tape</li> <li>▪ Two (2) Occlusive dressing</li> <li>▪ Four (4) 5x9 abdominal dressing</li> <li>▪ One (1) Trauma dressing</li> <li>▪ Two (2) Flexible (Sam) Splint</li> <li>▪ Trauma shears or medical scissors</li> <li>▪ Pen Light</li> <li>▪ Stethoscope (one per team)</li> <li>▪ Blood pressure Cuff (one per team)</li> <li>▪ Oral and nasal airway (Compete set of each)</li> <li>▪ Adult Bag Value Mask (BVM)</li> <li>▪ EMS or tactical emergency tourniquet)</li> </ul> <p>**NOTE: Any other items brought by the contestant will be subject to the approval of the Technical Committee and must be declared at the time of the on-site check</p>
<p><b>Competition Standards</b></p> <p>(Not all will be tested but contestant should be knowledgeable of all)</p>	<p>Please refer to the National Technical Standard</p>
<p><b>Resume</b></p>	<ul style="list-style-type: none"> <li>▪ In conjunction with National Standards, violations may result in student loss of contest.</li> <li>▪ All SkillsUSA Ohio State Championship Contest will require a short interview component. Students should be prepared with basic job interview skills.</li> </ul>