



First Aid/CPR

To evaluate each competitor's ability to react in simulated situations demanding First Aid and CPR intervention and to recognize excellence and professionalism in the career and technical education student's first aid skills.

On-Site/Off-Site	<ul style="list-style-type: none"> ● On-Site
Contest Date	<ul style="list-style-type: none"> ● 5/5/2026
Contest Location	<ul style="list-style-type: none"> ● Convention Center ● B-Hall
Early/Normal Start Time	<ul style="list-style-type: none"> ● Normal Start Time ● Registration will open at 8:00am. Please report to B-Hall Show Office for Registration. Competition will begin at 10:00am.
Contest Open/Closed	<ul style="list-style-type: none"> ● Open ● Exhibit Halls do not open to observers until 12:00pm.
Eligibility & Contest Type	<ul style="list-style-type: none"> ● Please refer to the Program Guidelines for eligibility- https://www.ohioskillsusa.org/resources/ ● Regional Qualifier Contest (Must attend and place in the top 4 at Regionals to Qualify to Compete at State Level)
Clothing	<p><u>For Competition Day the Dress Code is:</u> Class B or Class E</p> <p><u>For the Awards Ceremony the Dress Code is:</u>Class A or Class J</p> <ul style="list-style-type: none"> ● SkillsUSA Ohio Clothing Guide
Safety Equipment Required	<ul style="list-style-type: none"> ● N/A
Testing	<ul style="list-style-type: none"> ● Students should be prepared to take a written knowledge test.
Provided by Contestant (Tool List)	<p>Copy of current CPR/AED two-man system and first and from any of the following:</p> <ul style="list-style-type: none"> ● American Red Cross ● American Heart Association ● American Health and Safety Institute

	<ul style="list-style-type: none"> ● National Safety <p>Personal Tools</p> <ul style="list-style-type: none"> ● Face mask ● Hard copy of a 1-page personal resume
<p>Contest Notes, Themes, & Deadlines</p>	<ul style="list-style-type: none"> ● CPR 1.0 — CPR with AED for Adult 1.1 Demonstrate skills in performing CPR with AED including two-man system. (Judges will prompt the competitor during the CPR with AED two-man system scenario(s) on which role to perform and when to switch roles.) ● CPR 2.0 — CPR for Child 2.1 Demonstrate skills in performing CPR for children. ● CPR 3.0 — CPR for Infant 3.1. Demonstrate skills in performing CPR for infants. ● CPR 4.0 — Choking Victim: Conscious/Unconscious Adult 4.1 Demonstrate skills in performing choking emergencies for conscious/unconscious adults. ● CPR 5.0 — Choking Victim: Conscious/Unconscious Child 5.1 Demonstrate skills in performing choking emergencies for conscious/unconscious children. ● CPR 6.0 — Choking Victim: Conscious/Unconscious Infant 6.1 Demonstrate skills in performing choking emergencies for conscious/unconscious infants. ● CPR 7.0 — Sudden Illness: Seizures/Diabetics 7.1 Demonstrate skills in performing interventions and care for seizures/diabetic emergencies. ● CPR 8.0 — Injuries to Muscles, Bones and Joints (e.g., dislocations; fractures; sprains and strains; head, neck and back injuries) 8.1 Demonstrate care dealing with muscle, bone and joint injuries. ● CPR 9.0 — Bleeding/Wound Care 9.1. Demonstrate care/control dealing with bleeding/wound care. ● CPR 10.0 — Burn Care 10.1 Demonstrate care for first, second and third-degree burns.
<p>WIFI Provided?</p>	<ul style="list-style-type: none"> ● No
<p>Special Notes/Rules for All Contests</p>	<ul style="list-style-type: none"> ● Starting in 2024, all Skilled Trade State Contests (most leadership contests already use scenarios) will begin to add a scenario-based component. ● <u>Wi-Fi will NOT BE AVAILABLE unless listed above</u>. If you need WIFI access, please plan to bring a hotspot. ● All safety requirements will be heavily enforced. Competitors are to follow all safety standards and OSHA Regulations <p><i>Contestants MUST HAVE A COPY OF THEIR EMERGENCY MEDICAL FORM IN THEIR NAME BADGE AT ALL TIMES</i></p>

	<p style="text-align: center;"><u>THE FOLLOWING ITEMS ARE PROHIBITED; VIOLATION OF ANY OF THE FOLLOWING MAY RESULT IN COMPETITOR DISQUALIFICATION:</u></p> <ul style="list-style-type: none"> - Contact with Contest Coordinators is prohibited. - Contact with Contest Coordinators outside of the SkillsUSA Ohio is strictly prohibited. - Possession of smart watches and/or phones during the contest and/or in contest. - Contact with anyone outside of the contest area once the contest begins. - Inappropriate communication between contestants such as verbally degrading another contest. - Cheating on any portion of the contest such as informing another contestant of the skills/test prior to competing. - Lack of Copy Emergency Medical Form in Name Badge.
<p>National Technical Standards</p>	<ul style="list-style-type: none"> ● Please refer to the 2024-2026 National Technical Standards for all contests. All standards included may be tested in any competition. ● In conjunction with National Standards, lack of understanding of State Level competition standards (this document) may result in student loss of contest.
<p>Resume/Interview Requirement</p>	<ul style="list-style-type: none"> ● All SkillsUSA Ohio State Championship Contests will require a short interview component. Students should be prepared with basic job interview skills. ● All contestants <u>must have a hard copy</u> of a one (1) page personal resume.